

Safe Resident Handling Quick Clip Instructions – Gait Belt Front Transfer

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
 - a. Position resident at edge of chair with nose over toes.
 - b. When grasping gait belt, palms should be facing up.
 - c. Tuck elbows into sides and keep shoulders down.
 - d. Use a wide staggered stance with lead foot between resident's feet.
3. Review your policy/procedure as it relates to preparing for a gait belt front transfer. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
 - a. How do you get your resident ready to stand?
 - i. Scoot to the edge
 - ii. Feet under or behind knees
 - iii. Nose over toes
 - b. How should the caregiver position themselves?
 - i. The caregiver should be in a staggered stance and shift weight from front foot to back foot, with palms facing up on gait belt and pulling the resident with you.
 - c. What should you do if your resident is weak or unstable?
 - i. Immediately lower the resident back into a seated position and stop the transfer.
 - d. How do you know this is the safest transfer for your resident?
 - i. State of alertness.
 - ii. Ability to follow directions.
 - iii. Ability to cooperate.
 - iv. Ability to maintain trunk control in sitting and standing positions.
 - v. Ability to bear weight and control movement with legs.
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

SRH Quick Clip – Gait Belt Front Transfer

[Gait Belt Front Transfer Quick Tip](#)

Video Disclaimer

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The quick clip videos are intended as an additional resource to support your safe resident handling training efforts. They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.