

Safe Resident Handling Quick Clip Instructions - Gait Belt Transfer with Helper

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
 - a. No hands on gait belt.
 - b. No lifting of residents; assist with self-cares.
 - c. Only lead caregiver should be talking.
 - d. May assist with guiding the resident or moving equipment/furniture.
3. Review your policy/procedure as it relates to a gait belt transfer with a helper. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
 - a. Should both caregivers be touching the gait belt during the transfer?
 - i. No, only the lead will touch the gait belt. The helper should position self to the side or behind the resident to assist as needed.
 - b. What's the role of the assisting caregiver?
 - i. The assisting caregiver is an extra set of hands to help with clothing, pericare, or moving furniture.
 - c. Does the assisting caregiver give verbal cues through the transfer?
 - i. No, the lead caregiver is the only one who should be directing the resident. This is to ensure there's no confusion for the resident.
 - d. What's the proper position for the assistant caregiver?
 - i. Back or side of resident
 - ii. Maintain a wide staggered stance.
 - e. What's the main thing that's outside of the purpose of the assisting caregiver?
 - i. To lift the resident
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

SRH Quick Clip – Gait Belt Transfer with Helper

[Gait Belt Transfer – Helper Quick Tip](#)

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The quick clip videos are intended as an additional resource to support your safe resident handling training efforts. They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.