

Safe Resident Handling Quick Clip Instructions - Mechanical Lift

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
 - a. Always use a minimum of two caregivers and decide who's the lead.
 - i. Lead person is responsible to push/pull the lift forward and backward.
 - ii. Assisting caregiver is responsible for turning the lift.
 - iii. The lead caregiver is responsible for raising and lowering the lift.
 - iv. Don't turn the lift while pushing it.
 - b. Move the wheelchair or commode instead of the lift when possible.
 - c. Use a wide base of support and avoid twisting.
3. Review your policy/procedure as it relates to preparing for a mechanical lift transfer. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
 - a. Do you need to decide if there's a lead caregiver when moving a lift?
 - i. Yes, to designate roles and avoid confusion for both the resident and the caregivers.
 - b. What's the role of the lead caregiver?
 - i. Push or pull the lift.
 - ii. Raise and lower the resident.
 - iii. Operate the controls.
 - iv. Give directions.
 - c. What should the lead caregiver do when moving a mechanical lift?
 - i. Move the legs of the lift into the correction position.
 - ii. Use a wide base of support.
 - iii. Push with legs.
 - iv. Keep lift close.
 - v. Not turn lift while in motion.
 - d. What should the helper do when moving a mechanical lift?
 - i. Use foot to push on lift's legs to help turn it.
 - ii. Ensure wheels are facing desired direction.
 - iii. Guide resident by sling or sling handles.
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

SRH Quick Clip – Mechanical Lift General Guidelines

[Mechanical Lift General Guidelines Quick Tip](#)

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The quick clip videos are intended as an additional resource to support your safe resident handling training efforts. They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.