

Safe Resident Handling Quick Clip Instructions - Post Fall Transfer

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
 - a. Before moving resident from the floor an assessment is required by nursing staff (if injury is suspected, 911 should be called).
 - b. If resident is unable to get off the floor independently and no injury is suspected, a total mechanical lift should be used.
 - c. Have the resident roll to their side.
 - d. Have the resident move on to their hands and knees.
 - e. Place a chair in front of the resident.
 - f. Have the resident use the chair to move to a seated position.
 - g. Don't place a gait belt on the resident and don't lift the resident.
3. Review your policy/procedure as it relates to preparing for a post fall transfer. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
 - a. If you see a resident on the floor, what should you do?
 - i. What does your policy say about moving a resident following a fall?
 - ii. When would you call 911?
 - iii. Can you use a lift to bring the resident off the floor?
 - iv. When is it safe for you to allow the resident to attempt to get off the floor?
 - b. Is it safe to manually lift a resident from the floor?
 - i. What injury could happen to you or to your resident if you attempt to lift them from the floor?
 - ii. Is it okay to allow family to assist you in moving a resident from the floor?
 - c. Customize the question to your organization. Here are a few examples.
 - i. Discuss a recent resident fall that's occurred and what was done to safely bring the resident from floor.
 1. Did the resident fall in a difficult area to get them off the floor? What did you do?
 2. Critique yourself and determine if this could've been done a better way or take the opportunity to congratulate those involved for a job well done.
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

SRH Quick Clip – Post Fall Transfer

[Post Fall Transfers Quick Tip](#)

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The quick clip videos are intended as an additional resource to support your safe resident handling training efforts. They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.