

## Safe Resident Handling Quick Clip Instructions - Gait Belt Side Transfer

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
  - a. Caregiver should stand at resident's side.
  - b. Caregiver must use a wide staggered stance.
  - c. Caregiver's foot should be in front of resident's toes.
  - d. Place one hand on small of back and the other hand on shoulder.
  - e. Rock resident to a count of three into nose over toes.
3. Review your policy/procedure as it relates to preparing for a gait belt side transfer. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
  - a. How do you apply the gait belt correctly?
    - i. Two fingers of space between the gait belt and the resident.
  - b. How should you educate your residents on the steps of the transfer?
    - i. Provide short, easy to understand directions throughout each step of the process.
  - c. What should you do if your resident is weak or unstable?
    - i. Immediately lower the resident back into a seated position and stop the transfer.
  - d. How do you know this is the safest transfer for your resident?
    - i. State of alertness.
    - ii. Ability to follow directions.
    - iii. Ability to cooperate.
    - iv. Ability to maintain trunk control in sitting and standing positions.
    - v. Ability to bear weight and control movement with legs.
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

### SRH Quick Clip – Gait Belt Side Transfer

#### [Gait Belt Side Transfer Quick Tip](#)

##### Video Disclaimer

The video(s) provided are copyrighted by West Bend for the private use of our policyholders and their employees. Any use, reproduction, or transmission of this video or any pictures, descriptions, or accounts of this video without West Bend's consent is prohibited.

The quick clip videos are intended as an additional resource to support your safe resident handling training efforts.

They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.