

## Safe Resident Handling Quick Clip Instructions – Preparing for Seated to Standing Transfer

This video quick clip has been developed to help you reinforce your safe resident handling training program. It's meant to help you quickly remind your staff of safe resident handling training concepts and best practices. The video clip may be viewed at your reporting meetings, stand up meetings, and/or as part of your department meetings. Our hope is to help you deliver a quick (video and discussion is less than five minutes) but effective message on your safe resident handling program. To help you use this clip in the most effective manner, please consider the following:

1. Play the video.
2. Review key components. Ask the caregivers to describe the key elements of the video training technique:
  - a. Scoot resident to edge of chair.
  - b. Place the resident's nose over their toes.
  - c. Caregiver uses wide staggered stance.
  - d. Caregiver should pull and not lift up on the gait belt.
3. Review your policy/procedure as it how to position your resident and yourself for a gait belt transfer. Be prepared to explain and discuss this before beginning your training session. Bring a written copy to refer to during your discussion.
4. Questions for group discussion – choose at least one question below for a good group discussion. You can re-watch the video at a different training session and choose a different question for each discussion.
  - a. Are you asking your resident to scoot to the edge of the chair?
    - i. How do you get the resident to the edge of the chair? Name two methods.
  - b. Why is it important to have the resident lean forward with their nose over their toes?
  - c. Why is a staggered stance important for the caregiver to use when attempting to pull the resident to a standing position? How does this help you? Name two reasons.
  - d. Why do you want to pull on the gait belt and never lift upward?
    - i. If you lift with a gait belt what does the gait belt do? What can it do to the resident?
- e. Customize the question to your organization. Here are a few examples.
  - i. Are there any difficult gait belt transfers?
    1. Are you scooting them to the edge of the chair?
    2. Are you having them lean forward with their nose over their toes?
    3. After watching this quick clip, how will you change your approach?
5. Contact your loss control representative to receive further assistance with the development of your safe resident handling program.

## SRH Quick Clip – Preparing for Seated to Standing Transfer

### [Preparing for Seated to Standing Transfer Quick Tip](#)

#### *Video Disclaimer*

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The quick clip videos are intended as an additional resource to support your safe resident handling training efforts. They're not intended to be used as a standalone safe resident handling or transfer training aide. Caregivers should receive practical training to demonstrate learned concepts and skills.